

WHAT'S NATURAL & SPECIAL

YOUR STORE FOR TODAY'S HEALTHY LIFESTYLE!

PRICES EFFECTIVE: 3/2/16-3/29/16

The Story of CASCADIAN FARM

The story of Cascadian Farm begins with the story of our founder, Gene Kahn. 40 years ago, Gene was an idealistic 24-year old grad-school dropout from Chicago, who just wanted to make a difference in the world. He recognized the delicate balance between nature and humans. Inspired by reading "Silent Spring" and "Diet For A Small Planet", Gene wanted to go back to the land and farm in a way that would not harm the natural beauty of the earth or her inhabitants. So he set out to farm organically on a little stretch of land next to the Skagit River in the Cascade Mountains of Washington.



Today Cascadian Farm has grown beyond their original farm and is recognized as a pioneer in converting conventional farms to organic. Cascadian Farm also realizes that they can make a difference beyond just the food that we produce. That's why they work with partners who share their mission. Working together, they can help sustain the health of the earth for all living creatures today, tomorrow and for generations to come.



AMISH BUTTER
2 lb.

6⁹⁹



TALENTI GELATO
selected varieties
16 oz.

3⁹⁹

ORGANIC

PACIFIC BROTH
selected varieties
32 oz.



2 \$6
FOR



HANSEN'S SODA
selected varieties
6 pack/12 oz.

2 \$5
FOR
+ Dep. in OR

COCO FRESH COCONUT WATER
selected varieties
17.5 oz.



5 \$5
FOR

BOB'S RED MILL ALMOND MEAL
selected varieties
16 oz.



8⁹⁹

NATURAL DIRECTIONS ALMOND MILK
selected varieties
64 oz.

2 \$5
FOR



CASCADIAN FARM POTATOES
selected varieties
16 oz.

2 \$6
FOR



SO DELICIOUS COCONUT MILK CREAMER
selected varieties
16 oz.

2 \$4
FOR



ORGANIC

NATURAL DIRECTIONS PASTA & CHEESE
Macaroni or shells
6 oz.

2 \$3
FOR



NATURAL DIRECTIONS ALBACORE TUNA
salt or no salt
5 oz.

2 \$4
FOR



BEAR CREEK SOUP MIX
selected varieties
7 to 12 oz.

2 \$7
FOR

